SPAR CROSS COUNTRY CHAMPIONSHIPS, FINGAL-DUBLIN 2021
MEDICAL CLEARANCE AND SANITARY PROTOCOL - TEAMS

Date of issue: 3 December 2021.

Please note that the information provided below is relevant at the date of this document. As the situation evolves, the sanitary protocol may change.

The LOC will endeavour to provide the most relevant and current information, but participants, official and spectators should also remain vigilant to any advice published on the website of the Irish Health Service Regulators.

TRAVELLING TO IRELAND

From Friday 3 December 2021, all arrivals aged 12 and over who are fully vaccinated or recovered from COVID-19 must also provide either of the following:

- A negative antigen test (taken within 48 hours before arrival)
- A negative RT-PCR test (taken within 72 hours before arrival)

The test result must be professionally certified (QR code) and not self-administered.

If you are not fully vaccinated or recovered from COVID-19, an RT-PCR test must be used.

If you are fully vaccinated or recovered from COVID-19 an RT-PCR test, or Antigen test is acceptable, however you must also have one of the following:

- An appropriate valid proof of vaccination on an approved course of vaccination, or
- An appropriate valid proof of recovery.

A relevant EU Digital or paper COVID Certificate based on vaccination, recovery or a negative RT-PCR test, constitutes valid proof.

Additional obligations now apply to those arriving from scheduled States. The current list of scheduled states is provided below.

Please carry photograph identification and the above documents at all times, as you may be asked to provide these at hotels, press conferences, the venue or other locations.

Please note that the RT-PCR tests needed to enter Ireland are at the participants' cost.
VACCINES AND VACCINATION

Vaccination remains a key component of the Irish Governmental bodies armoury of attack, to prevent the further spread of the COVID-19. The LOC wish to bring this to the attention of all attendees.

The table below show the ONLY type of vaccine currently accepted by the Irish Government and the period post vaccination when the person may be considered vaccinated.

<table>
<thead>
<tr>
<th>A full course of any one of the following vaccines:</th>
<th>Vaccinated after:</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 doses of Pfizer-BioNtech Vaccine: BNT162b2 (Comirnaty®)</td>
<td>7 days</td>
</tr>
<tr>
<td>2 doses of Moderna Vaccine: CX-024414 (Moderna®)</td>
<td>14 days</td>
</tr>
<tr>
<td>2 doses of Oxford-AstraZeneca Vaccine: ChAdOx1-SARS-COV-2 (Vaxzevria® or Covishield)</td>
<td>15 days</td>
</tr>
<tr>
<td>1 dose of Johnson &amp; Johnson/Janssen Vaccine: Ad26.COV2-S [recombinant] (Janssen®)</td>
<td>14 days</td>
</tr>
<tr>
<td>2 doses of Coronavac (Sinovac)</td>
<td>14 days</td>
</tr>
<tr>
<td>A heterologous (mixed dose of any of the above vaccines.</td>
<td>Apply the information above as it applies to the second dose</td>
</tr>
<tr>
<td>A single dose of any of the above vaccines administered within 180 days of a positive RT-PCR test result. The traveller must hold proof of the positive test and the vaccine dose.</td>
<td>Apply the information above as it applies to the administered vaccine</td>
</tr>
</tbody>
</table>

PROOF OF VACCINATION OR RECOVERY

Non-digital (paper) COVID Certificates “proof of vaccination” must be written in English or Irish to show:

- The name of the person vaccinated
- The date(s) of the vaccination
- The organisation that administered the vaccination

Non-digital (paper) COVID Certificate “proof of recovery” must be written in English or Irish and must show:

- The name of the person vaccinated, or recovered
- The date of birth of the person vaccinated, or recovered
- Detail of the disease from which holder has recovered
- The date of holder's first positive NAAT test result (only RT-PCR test accepted)
- Member State or third country in which test was carried out
- The certificate issuer
- The dates the certificate is valid from and valid until  (not more than 180 days after the date of first positive NAAT test result)
Please read carefully the information available on the following link: https://www.gov.ie/en/publication/77952-government-advice-on-international-travel/

**PASSENGERS ARRIVING FROM NORTHERN IRELAND**

Travellers who have *not been overseas* in the past 14-days are not obliged to complete a Passenger Locator Form or provide proof of vaccination, recovery or test results upon arrival into Ireland.

However, travellers who have *been overseas* in the past 14 days are subject to the requirements based on their travel history, and according to their health status.

**PROCEDURES FOR LOCALS**

Irish team members, invited guests, local media, local guests, volunteers and contractors will have to produce a COVID Certificate based on vaccination, recovery, or a negative RT-PCR test, all of them complying with the above-mentioned conditions, prior to receiving their accreditation. ID/Passport will have to be presented together with the COVID Certificate.

**UPON ARRIVAL IN DUBLIN AND ONSITE**

There will be no testing provided by the LOC upon arrival at Airports, ports or the event site.

If you have entered the country with RT-PCR test (as non-vaccinated, or with a non-recognised vaccine, or without proof of recovery), **you must undergo a RT-PCR test upon arrival at the Team hotel**, since a new COVID Certificate shall be required to enter the hotel and the venue on Saturday and Sunday. Please note that the validity of the RT-PCR test is 72 hours. Therefore, depending on the date of your test, you may have to repeat the test when in Ireland, to gain access to the venue on Saturday 11 or Sunday 12. Those tests will be facilitated by the LOC, through a contracted service provider who will be based at the Clayton Airport Hotel (Team Hotel) on Friday 10 December (exact timing to be confirmed).

- Please note that those RT-PCR tests (EUR 160) will be at the participants’ cost.
- Each team member had to confirm the need of such test in the Final Entries (If you intend to enter the country as non-vaccinated, or with a non-recognised vaccine, or without a valid proof of recovery). Further information will then be provided to those people concerned.

Accreditation:

- A COVID Certificate based on vaccination, recovery or a negative RT-PCR test, all of them complying with the above-mentioned conditions, will have to be presented in order to receive the accreditation. Please note that the Team Leader will NOT be able to pick up the accreditation cards for their whole team as each team member will have to present his/her own COVID Certificate together with an ID card or passport.
• The accreditation will be delivered only on Saturday for those who require to be tested (if you have entered the country as non-vaccinated or with a non-recognised vaccine, or without valid proof of recovery).

Transportation:
• Passengers must always wear masks in the buses and taxis.

Onsite, the following sanitary measures will apply:
• **A COVID Certificate based on vaccination, recovery, or a negative RT-PCR test will have to be presented at the entrance to the event venue**, together with an ID card, or passport. Once inside the boundaries of the event, tents or canvas enclosures will be considered as “indoors”.
• **Wearing a mask covering the mouth and nose is obligatory anywhere INDOORS** (in the shuttle bus, hotels, Team Tent, anti-doping area, Press Conference room, offices, tented enclosures, etc), except when seated at a table to have a meal. Once inside the boundaries of the event, tents or canvas enclosures will be considered as “indoors”.
• **Medical face masks are preferred.** These are the common blue disposable masks that are widely available. A substitute can be a cloth face covering made from cotton or silk and should have at least 2 layers of fabric.
• **Hand hygiene must** be maintained with regular hand washing and the use of disinfectants.
• **All attendees regardless of locations are advised to maintain social distancing.**

Mixed Zone:
• Athletes must wear the mask. Social distancing and wearing a mask will be mandatory for all media representatives.

Victory Ceremonies:
• Athletes will have to wear a mask inside the Victory Ceremony Preparation Tent. They will not need to wear a mask during the ceremony. The athletes shall remain at their places on the podium in order to maintain social distancing. **No group pictures will be allowed**, no hand shaking or hugging.

**ARRIVAL TO IRELAND FROM A SCHEDULED STATE**

In response to cases of the new variant SARS-CoV-2 Variant B.1.1.529 (Omicron), Ireland recognises the following scheduled States:
• Botswana
• Eswatini
• Lesotho
• Mozambique
• Namibia
• South Africa
• Zimbabwe
Since 29 November 2021, restrictions on travel to the State are imposed on passengers that have been in a scheduled State.

Such persons shall not travel to, or attempt to travel to, the State for the period of 14 days after they were last in a specified State.

**Home quarantine**
All travellers from a scheduled State are required to quarantine at home for 14 days, from date of arrival, at the address declared on the Passenger Locator Form.

Individuals may only leave the address for an emergency, to leave the State, or to take a COVID-19 RT-PCR test.

**Post-arrival RT-PCR testing**
Post arrival RT-PCR testing is required for all passengers from a scheduled State at day 2 and day 8 without exemptions. The Irish Health Service Executive (HSE) will contact passengers to arrange PCR testing using the details they provided on the Passenger Locator Form (PLF).

Those who are already in the country having arrived from any scheduled State since 1 November are asked to present for RT-PCR testing. This can be booked free of charge on HSE.ie.

**Release from home quarantine**
If your post arrival RT-PCR tests have returned negative, you may leave home quarantine at day 10 following arrival from a scheduled State. Should a test return positive, the passenger is required to home quarantine for 10 days from the date of the positive test.

**Pre-departure RT-PCR test requirement**
From 30 November all travellers from a scheduled State are required to have a negative (‘not detected’) RT-PCR test result taken 72 hours prior to arrival to Ireland. This is irrespective of vaccination/recovery status.

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**EARLY ARRIVAL IN IRELAND**

Please note that those who arrive in Ireland ahead of the event and do not carry a valid proof of vaccination, or recovery, will be required to present a negative RT-PCR test result to enter the TEAM hotel and later to receive accreditation and/or enter any of the event venues.

Should the validity of your negative RT-PCR test have expired (72 hours), you will not be able to obtain your accreditation, until you can provide a current negative RT-PCR test result.

Commercial organisations providing rapid PCR testing facilities exist at locations near the venue and Dublin airport, and the LOC suggest that you engage directly with these facilities.

Please note the price of rapid PCR testing is more expensive and is not the responsibility of the LOC.
PRE-EVENT TRAINING CAMPS

It should be noted that pre-event training camps do not fall within the remit of the LOC. These pose an additional level of risk and the responsibility for these types of camp must rest with those organising them.

However, if they proceed, the LOC strongly advises that all of the above is followed. The LOC take no responsibility for organising any activity in relation to this or will not provide any assistance in obtaining exemptions.

GOING BACK HOME

If needed, participants can request a RT-PCR, or antigen test, to be done. Those tests will be facilitated by the LOC, through a contracted service provider who will be based at the Clayton Airport Hotel (Team Hotel) on Saturday 11 December (exact timing to be confirmed).

Test results will be returned in 24 hours and this will accommodate flights late on the Sunday evening, or on Monday 13 December.

The contracted service provider will provide an online portal for registering of contact details and the booking of timeslots for such testing. This will also be used for the return of Digital test results. Please note that compliance requires all individuals to submit their personal details through this online electronic portal.

COVID-19 tests needed to travel back home are at the participants' cost (PCR: EUR 95 - test result in 24h, Antigen: EUR 49). For team members, costs will be charged to the Member Federation of the testee.

CONTACT TRACING

Should an attendee present with a positive result at the event, within any organised venue, or as a result of the return home test, then the following will apply:

- The person must undergo isolation and will be subject to the process of repeat testing as prescribed by the Irish public health regulations at the time.
- The close contact tracing will be defined with the relevant Irish public health regulations at the time.
- The cost of this quarantine (including hotel cost of your choice) and testing will be at the patient's own expense.

NOTE

In case of any doubt, please contact the LOC COVID Officer, Mr Seamus Flynn and European Athletics COVID Officer, Mr Armando Urban at covidqueries@fingal-dublin2021.ie